

**SONOMA COUNTY ASSOCIATION OF RETIRED EMPLOYEES (SCARE)**

P.O. BOX 5513, SANTA ROSA, CA 95402 [www.sonomacountyretirees.com](http://www.sonomacountyretirees.com)

Minutes of the SCARE Membership Meeting, August 27, 2019

Steele Lane Community Center, Santa Rosa

12:30 p.m. Social/1 p.m. Meeting

**1. Guest Speaker:** Bob Bulwa introduced today's guest speaker, Ninna Arbour of Hospice Services of St. Joseph Health, who spoke on "Taking the Mystery Out of Hospice and Palliative Care." After her presentation, Ninna answered questions from the audience and also met with those who wanted to speak to her privately.

**2. Call to Order:** Following Ninna's presentation President Alix Shor called the meeting to order.

**3. CRCEA:** Carol Bauer reported on the CRCEA (California Retired County Employees Association) Conference which will be hosted by SCARE October 28-30, 2019, at the DoubleTree Hotel, Rohnert Park. Carol asked for volunteers to help with the conference (registration, gift bags, decorations for banquet, etc.). Contact Carol at 707-874-9149 or [bfuzzy51@aol.com](mailto:bfuzzy51@aol.com). SCARE volunteers do not have to pay to register for the conference. SCARE members not volunteering only pay \$10. Phyris has registration forms.

**4. SCCLO (Sonoma County Coalition of Labor Organizations):** Bill Robotka reported most of the Bargaining Units had finished contract negotiations with good improvements in salary and health benefits, but no changes in pension or post-employment health benefits. SCCLO will continue to meet and begin preparing for the next round of issues.

**5. JLMBC (Joint Labor Management Benefits Committee):** Phyris Tobler reported that Kaiser members have several additional benefits through the Choose Healthy website ([kp.org/choosehealthy](http://kp.org/choosehealthy)). Through Active & Fit Direct, you can get membership in health clubs for just \$25/month. The ones in this area are Anytime Fitness, Curves, and some others. Additionally, you get 25% discounts off acupuncture, chiropractic care, and massage therapy.

The County VSP program available to retirees at no cost gives discounts on glasses. It also gives discounts on hearing aids although providers are limited. Costco has some of the best prices for glasses and hearing aids. It is part of the VSP program for glasses but not for hearing aids.

**6. HRAs:** Over 650 retirees have not used any of their HRA funds. The last major payment was made July 1 in the amount of \$1,379.86. There will be more money deposited next July 1, but nothing major. It is good to file a claim this year and have it pending so that P&A will pay it just as soon as they get the money from the County.

**7. SCARE Luncheon:** Alix announced SCARE's next luncheon will be held September 11th at Legends (Bennett Valley Golf Course). This is a buffet luncheon. Fliers were in the last Newsletter and also available on the back table today. Member lunches now cost \$20 rather than \$24 (all inclusive). Non-SCARE members pay \$30.

**8. Drawing:** 27 members signed the roster for today's meeting. Nancy Ito and Chris Bauer won the drawing for a free SCARE luncheon at Legends. Carl Jackson, who usually conducts the drawing, was unable to attend this meeting due to an illness. We wish him well and hope to see him back very soon.

**9. Adjourn:** There being no further business, the meeting was adjourned.

Respectfully submitted,  
Patty Hamley, Secretary

**Upcoming Events**

September 11 – Luncheon – Legends

October 27-30 – CRCEA Conference – Doubletree, Rohnert Park

November 6 – Board Meeting

November 19 – Membership Meeting – Steele Lane

December 11 – Luncheon at Legends